



# Approaches on Career Counseling and Guidance in France, and perspectives

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# Main points of my presentation



Main theoretical models in France

Methodologies

Thematics of research developed in Inetop-Cnam

My axis of research

Some perspectives



# Introduction : evolutions of the approaches

- ▶ From the forties, differential psychology dominated with some notions : interests, aptitudes, personality
- ▶ The notion of counseling appeared around the 70s, particularly with an article of J. Zarka (1977) '*Conseil psychologique et psychologie du conseil: quelques propositions*'. In *L'Orientation Scolaire et Professionnelle*.
- ▶ 1990 : Development of research on career development associated with models on counseling
- ▶ 2000 : Development of research using psychosocial approaches (social beliefs) or Commitment (D. Castra)
- ▶ Development of constructivists approaches (2000) integrating notions of Transition, Identity, dialogues and strategies...



# Main models used today in career counseling and guidance research



French adaptations of American Theories

Self construction model of J. Guichard

Active and plural socialisation model of Curie & Hajjar

Clinic of Activity model of Y. Clot

Social representations model of S. Moscovici



# Emerging methodologies

## ▶ **Research Interviews based methodology**

- ▶ Biographisation of C. Delory-Momberger
- ▶ Biography elicitation de F. Lesourd
- ▶ Interview based on a double, adapted by M. Bangali

Coming from both work analysis methodology and life story methodologies

## **Observation methodologies using video recording**

Situations are recording and persons then are asked to talk on the video of himself/herself talking about himself/herself.

That is used for example by C. tourette Turgis to analyse how people suffering from chronic diseases perceive their identity evolution, regarding their disease.



# Main thematic of research of Inetop -cnam



Efficiency of counseling practices

Gender and life long learning career counseling

Identity construction at different ages of life

Experience and competences in professional and personal life

Development of tools and methods to support career choices and career change



# My thematics of research



Roles of social interactions of young people, with a tutor or mentor, at workplace, on intentions about the future

Career change of union officers

Learning on career at the work place, for young people

Role of the social representations of new way of managing career on the way young people perceive their futur at work

Career change from the market economy to social economy

Effect of practices linked to a chronic disease on career choices of young people



# Perspectives: focus on the local and on the international

- ▶ Chosen career changes of adults
  - ▶ Development of ethnographic approaches, with a logic of territories
  - ▶ Study collective situations, communities
  - ▶ Develop more monographic studies
  - ▶ Analyse some specific situations of collective empowerment of persons and vulnerable groups, innovating situations regarding the connections between the whole life of these persons and career preoccupations.
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- ▶ Develop international research on young people self anticipations at work with comparative approaches.